



CORPORATE MEAL PLAN



THE KITCHEN STORY
Your Story, Our Flavour



Week 1 Sample Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Dal Pancharatan	Dal Tadka	Dudhi Chana Dal	Aloo Matar Sabzi	Sev Tamatar Sabzi
Besan Bhindi	Methi Aloo	Jeera Allu	Kadai Paneer	Mix Veg Cabzi
Chole Masala	White Vatana	Kala Chana	Stuffed Puri	Soyabean Masala
Chapati	Chapati	Chapati	Bondi Raita	Chapati
Steam Rice	Khichadi	Tomato Rice	Pulao	Coriander Rice
Salad	Salad	Salad	Dessert	Salad
Samosa Papad	Rice Papad	Papad	Papad	Mix Papad

Snacks/Breakfast	
Monday	Spring Roll, Ketchup
Tuesday	Vada Pav, Chutney, Fried Chillies
Wednesday	Poha, Farsan, Tarri
Thursday	Sabudana Vada, Dahi, Chillies
Friday	Idli, Sambhar, Chutney





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Week 2 Sample Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Mix Dal	Dal Fry	Plain Dal	Dal Makhni	Chana Dal
Pattagobhi Sabzi	Aloo Methi	Allu Pyaaz Sabzi	Bharma Baigan	Gajar Matar Sabzi
White Vatana	Soyabean Sabzi	Green Vatana	Tomato Chutney	Chole Masala
Chapati	Chapati	Chapati	Paratha	Chapati
Jeera Rice	Plain Rice	Khichadi	Pulao	Steam Rice
Salad	Salad	Salad	Dessert	Salad
Roasted Papad	Rice Papad	Lijjat Papad	Raita	Papad

Snacks/Breakfast	
Monday	Misal Pao, Farsan, Tarri
Tuesday	Sabudana Khichdi, Dahi, Chillies
Wednesday	Pattice, Ketchup
Thursday	Sandwich (Green), Ketchup
Friday	Pav Bhaji, Chopped Onions and Lemon





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Week 3 Sample Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Dal Pancharatan	Dal Tadka	Dudhi Chana Dal	Aloo Matar Sabzi	Sev Tamatar Sabzi
Besan Bhindi	Methi Aloo	Jeera Aloo	Kadai Paneer	Mix Veg Sabzi
Chole Masala	White Vatana	Kala Chana	Stuffed Puri	Soyabean Masala
Chapati	Chapati	Chapati	Bondi Raita	Chapati
Steam Rice	Khichadi	Tomato Rice	Pulao	Coriander Rice
Salad	Salad	Salad	Dessert	Salad
Samosa Papad	Rice Papad	Papad	Papad	Mix Papad

Snacks/Breakfast	
Monday	Samosa, Chutney, Chillies
Tuesday	Kala Chana Chaat
Wednesday	Potato Roll, Ketchup
Thursday	Honey Chilli Potato
Friday	Poha, Sambhar, Farsan

